



Scuba Evolution India Pvt. Ltd.

CIN: U92120GA2015PTC007748

Dive Resort: H.No. 840, Villa Sorronto, D'Mello Vaddo, Starco Junction, Anjuna, Bardez, Goa – 403509
Regd. Office: H.No. 376A, Titto Waddo, Above Bank of India, Nerul, Bardez, Goa – 403114, India

SCUBA DIVING AND CORPORATE TRAINING A CONCEPT DOCUMENT

Introduction:

Scuba Diving is a popular extreme sport the world over and has been gaining in significance in India over the last few years. It's a wonderful recreational activity and a great way to open up horizons for the youth. But over and above this obvious "fun" element, Scuba diving also opens up opportunities for personality development, which are unique to this activity. There are various parallels that can be drawn between training to be a Scuba Diver and the so called "Corporate Soft Skills training". Some of these parallels in training value are brought out in the succeeding paragraphs. It may be mentioned that what has been enumerated below is only a broad framework on which detailed aspects can be plugged in or customised as per the requirements of a particular group.

Discover Scuba Diving

This is an introduction to the sport and typically comprises of an hour of training followed by a Dive trip to a suitable dive location, to dive up to a maximum depth of 12 meters, under the direct supervision of a certified Open Water Scuba Instructor. The experience is conducted over a one and a half day period, with the training undertaken on the afternoon prior to the Dive day. The training takeaways from this program are: -

- **Overcoming fear:** The participants are introduced to the underwater environment, which is a source of basic fear for many. Participating in the activity involves overcoming that feeling of fear and completing the activity successfully. A direct parallel for young corporate employees who need to learn to overcome their fear of the unknown. The fear of unknown consequences of their decisions, or the fear of acceptance within a particular work environment or group. Overcoming a basic fear like that of going underwater builds up confidence of dealing with fear generically. And being in a group of peers it also helps in learning how to support each other to overcome fears.
- **Adapting to an unknown or new environment:** The underwater environment is unknown and unfamiliar to most people. In order to enter this environment requires a capability to adapt to it, especially to breathe through the SCUBA (**Self Contained Underwater Breathing Apparatus**) system, and to maintain a calm and controlled mind while doing it. An essential skill that can help young, upwardly mobile corporate workers to be adaptable and flexible to unlearn and relearn every time they delve into unknown work environments.
- **Breaking the barrier of mental limits:** Most people have preconceived notions on what they can achieve and these usually limit their own growth. Scuba diving is a great tool to change these preconceived notions. Successfully training for it and then participating in an actual dive will broaden mental horizons, helping build a personality willing to push self-imposed limits.

Website: www.scubaevolutionindia.com

Email: contact@scubaevolutionindia.com

Mobile: +91 7261942119

- **Willingness to learn:** Learning a new skill requires a mental makeup willing to learn. The person teaching may be much younger, inexperienced or even unaware about the student's field of work, but a qualified expert in his/her own field; in this case in Scuba Diving. The student needs to develop an open mind to learn the new skills from the instructor, overcoming personal egos of position and designation within their own fields of work. This is an essential leadership skill and can help in building the leader's personality.
- **Problem solving:** In the underwater environment, it is essential to solve problems faced (if any), while remaining calm and collected, without giving in to panic. This is a big part of the training and some problems, which may occur as an unlikely event, are explained, solutions demonstrated and practiced by each participant individually. This brings in the attitude of solving problems within the existing environment, with available resources, and without panic and/or uncontrolled behaviour. This again is a necessary behavioural trait for leaders in the corporate environment.
- **Camaraderie:** Needless to say, a shared activity, which requires skill learning, overcoming fear, team-work etc., brings in certain bonhomie within a team of co-workers, resulting in building the sense of camaraderie, thereby helping in strengthening the bonds of cooperation between the team members. An obvious boost to productivity within the team can be expected.

Certification Courses

All of the above training takeaways can be further reinforced, while adding on a few more skills and attitude training, during Scuba Diving Certification Courses. These can be from very basic certifications like *Scuba Diver* and *Open Water Diver*, to various levels of advanced Dive certifications.

For groups up to about 12 persons (in a batch), the *Scuba Diver Course* can be undertaken over a period of 2 full days, wherein the first day is theoretical (audio/visual training) and confined water (pool) training, followed by 2 Open water (sea) training dives. This certification allows a successful participant to dive up to a **maximum depth** of 12 metres, along with a certified Dive professional (at least a Dive Master). Basic swimming comfort on surface is an essential prerequisite for participants and they will need to demonstrate at least a 10 min float on the surface. The certification is internationally valid and does not expire.

The *Open Water Diver Course* is actually the first level of diver certification, allowing the successful participant to dive with a buddy (who **need not be a Dive professional**, and can be another certified diver), up to a **maximum depth** of 18 metres. This can be of individual interest within the groups already introduced to diving (or even otherwise), and for smaller special groups of 8-10 persons. The course requirement includes swimming skills enough to be able to demonstrate a 200 metre swim (not timed), and a 10 min float. The course needs a minimum of 4 days of training time including 2 days of open water diving, with 2 training dives a day; and 2 days of theoretical and confined water training, prior to the open water diving. It can be crashed to 3 days with e-learning and even split into 2 parts (for those with paucity of time to take 4 days off in continuity), wherein the participant/s can come in for theory and confined water over 2 days, and can then come back at a later date

Website: www.scubaevolutionindia.com

Email: contact@scubaevolutionindia.com

Mobile: +91 7261942119

(within 12 months from registration) to complete the open water dives. Here again the certificate is internationally valid and allows the participant to indulge in the sport at various national and international locations, without having to train again every time, or pay for hiring a dive professional. This is the most popular Dive certification internationally.

There are various other advanced certifications available, for which we can train individuals who want to further their Dive education to achieve deeper depths/longer dives etc. These are for the really passionate people who may develop a liking towards the sport.

Conclusion

Each of the above mentioned programs can be individually customised for the target groups depending on specific requirements in terms of time available and goal of the sponsoring company. The Dive training involved is as per standard procedures laid down by the **Professional Association of Dive Instructors (PADI)**, the largest and most widely accepted, international Dive training and Certification agency. We, Scuba Evolution India, is affiliated to this agency and are a certified PADI 5 * Dive Resort. Therefore can assure the participant/s of the best international quality in their experience and training, and the highest standards in equipment quality, clean air etc.

With Regards

Commander Skandan Warriar (Veteran)
Promoter & Director

Website: www.scubaevolutionindia.com
Email: contact@scubaevolutionindia.com
Mobile: +91 7261942119